

Children and Young People PPIE Pitch Event Criteria & Information



Mental Health - Translational Research Collaboration (MH-TRC) Mission

Have you got a creative and fun Patient and Public Involvement and Engagement (PPIE) idea but haven't got the funding to make it happen or bring it to life?

The NIHR MH-TRC Mission's Children and Young People's Mental Health Theme are thrilled to be able to offer **3 awards of £400** each to **support inclusive and creative PPIE** for **children and young people mental health research** initiatives.



NIHR | Mental Health Translational
Research Collaboration

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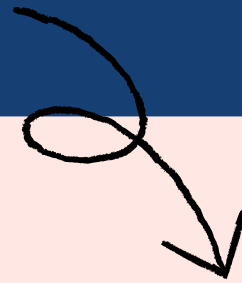
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What do we mean by Patient and Public Involvement and Engagement?

What is PPIE?



Patient and Public Involvement and Engagement (PPIE) is about listening to and working with people – like patients, families, and the public – to help make health and research projects better. It is important because children and young peoples' as well as parent and caregiver voices matter!



Patient & Public Involvement (PPI)

Takes place when children and young people or parents/caregivers with lived experience of mental health conditions, challenging life experiences or neurodiversity contribute to the planning, design and carrying out of research. The aim of PPI is to make sure research is relevant, meaningful and beneficial for everyone.



Patient & Public Engagement (PPE)

Happens when children and young people or parent/ caregivers with lived experience of mental health conditions, challenging life experiences or neurodiversity are informed or educated about research findings. The aim of PPE is to raise awareness and build understanding surrounding children and young peoples' mental health research



Who should your PPIE Pitch Idea help?

We would for your PPIE Pitch Idea to help children and young people or parents/ caregivers of children and young people who have lived experience of:

Mental Health Conditions

Mental health conditions such as depression, anxiety and early psychosis



Lived experience means the person themselves or someone they care for has experienced one or more of these things directly



Challenging Life Experiences

Challenging life experiences include examples such as going into care during childhood



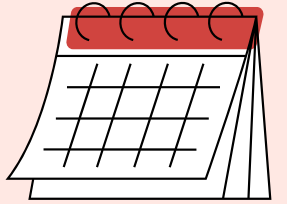
Neurodiversity

Examples of neurodiversity include autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD)

If you have any questions about whether your idea is eligible for this funding, or you would like any further examples of eligible mental health conditions, challenging life experiences or neurodiversity, please contact:

Roksana Krol at roksana.krol@manchester.ac.uk

What is happening at the Children and Young People PPIE Pitch Event?



Date for the Event

**Wednesday 11th
February 2026**

What will be taking place during the event?

You will have the opportunity to hear about creative PPIE approaches from guest speakers and then you will hear 5 PPIE Idea Pitches!

If successful... this could be you presenting your pitch!

What time will the Event take place?

17:00-19:00 Online

Who can attend the Event?

- Any children and young people with lived experience of mental health conditions, challenging life experiences or neurodiversity
- Any parents/ caregivers of children and young people with lived experience of mental health conditions, challenging life experiences or neurodiversity
- Anyone working with children and young people or parents/ caregivers who have children and young people with lived experience of mental health conditions, challenging life experiences or neurodiversity
- Anyone who is presenting a PPIE Pitch Idea

To sign up for the event, please fill out our event registration form via the link provided below:

<https://forms.office.com/e/1Kz7sZmU7T>

Please Note: You will only be able to attend the online event, if your name and email have been registered via the registration link

Who can apply for a chance to win £400 for their PPIE Pitch Idea?

We would love to hear ideas from a wide range of different people!

We highly encourage the following individuals to apply:



Individuals with lived experience of mental health conditions, challenging life experiences or neurodiversity



Community groups working with children, young people and parents/ caregivers who are active in mental health space

Parents/ caregivers of children and young people with lived experience of mental health conditions, challenging life experiences or neurodiversity

Children and young people with lived experience of mental health conditions, challenging life experiences or neurodiversity



Early career researchers who are informed by individuals with lived experience of mental health conditions, challenging life experiences or neurodiversity



Individuals working in clinical roles who are informed by lived experience of mental health conditions, challenging life experiences or neurodiversity

PLEASE NOTE:

- If you are part of a PPIE group, such as a Young Person or Parent/Caregiver Advisory Group, who contribute to the children and young people mental health research space, we are happy to accept applications on behalf of the whole group
- As an applicant, we are happy for your name to be on more than one application

What could your PPIE Pitch Idea be?

As long as your idea is PPIE focused and looks to help children and young people or parent/ caregivers of children and young people with lived experience of mental health conditions, challenging life experiences or neurodiversity, we would love to see your pitch!

Your PPIE Pitch Idea could be any of the following:

An event which is an example of Patient and Public Engagement (PPE)



An event which is an example of Patient and Public Involvement (PPI)

A stand alone PPIE event. Your idea doesn't have to be part of a bigger project or study!



A PPIE event which links to an existing research study



A PPIE idea which builds on previous PPIE work which you have already done



If you would like any support with your pitch application, please contact Roksana Krol at roksana.krol@manchester.ac.uk

A PPIE idea which builds on other activities you have planned

Please do not worry, if you have never carried out PPIE before! Any idea you put forward, we will be able to help you with. Therefore, we would still love to see your PPIE Pitch Idea!

What are we looking for from applicants?

Diverse Voices



Does your PPIE Pitch Idea include children and young people or parents/ caregivers from different backgrounds, experiences, and communities?

We want to make sure a wide range of voices are heard therefore, you may want to think about a PPIE pitch idea that is diverse in terms of ethnicity, age, gender, sexuality and lived experience of mental health conditions, challenging life experiences or neurodiversity



Reaching Different Areas

Does your PPIE Pitch Idea involve children and young people or parents/ caregivers from underrepresented areas in the UK?

We are looking for pitch ideas where you are working collaboratively with people whose voices are not normally heard within research

Creativity

Does your PPIE Pitch Idea involve a new and creative way of carrying out PPIE?

We are looking for PPIE pitch ideas which are outside the box!

The more creative and original the better!



Meaningful Involvement

Are the children and young people or parents/ caregivers you are involving in your PPIE Pitch Idea shaping the project and not just taking part?

We want to support pitch ideas where their voices, ideas and experiences are at the centre of the research development and driving creativity



Valuable Impact

Does your PPIE Pitch Idea have a positive impact on children and young people or parents/ carers?

We would love to see pitch ideas which makes a real difference to their lives, empower their voices and contribute to improving mental health support and understanding

What Would Happen if Your PPIE Pitch Idea Won the £400 Award?



The **Winning 3 PPIE pitches** will receive a **£400 award**, and they **must carry out their PPIE idea by 31st August 2026**.

Following the Children and Young People's PPIE Pitch Event, the 3 winners will be contacted through email about their successful PPIE Pitch Idea



We will meet with you regularly online to talk about how your plans to carry out your PPIE Pitch Idea are coming along.

These meetings will also give you the opportunity to ask the University of Manchester team for any support or guidance you may need to bring your idea to life.



We will work with you together to capture any appropriate publicity from your PPIE event. We would love for the research world to see your amazing PPIE ideas!



We at the University of Manchester will pay for the things you need to make your PPIE Pitch Idea happen. You let us know what you need and we will sort it for you with the £400 you won!

PLEASE NOTE:

If your original PPIE Pitch Idea changes from what you wrote in your application form, the £400 may not be awarded to you. Any changes will need to be please dicussed with us.

What do you have to do if you would like to submit an application?

If you would like to submit a PPIE Idea Pitch, please complete the Microsoft form through the link provided below:

<https://forms.office.com/e/k2mwe99WqP>

**DEADLINE FOR ALL APPLICATIONS:
Friday 12th December at 16:00**

- All ideas which have been sent in, will be looked at by the event organising team. The organising team will select the most creative and inclusive ideas
- The most creative ideas will be presented to a panel of public contributors, researchers and charity representatives, alongside an online audience, at the Children and Young People PPIE Pitch Event taking place **Online on Wednesday 11th February 2026 at 17:00-19:00**
- Winning pitches will be announced via email shortly after the event has taken place

If you have any questions or would like to see the information in this booklet in a different format, please contact:

Roksana Krol at roksana.krol@manchester.ac.uk